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Division of Mental Health and Addiction

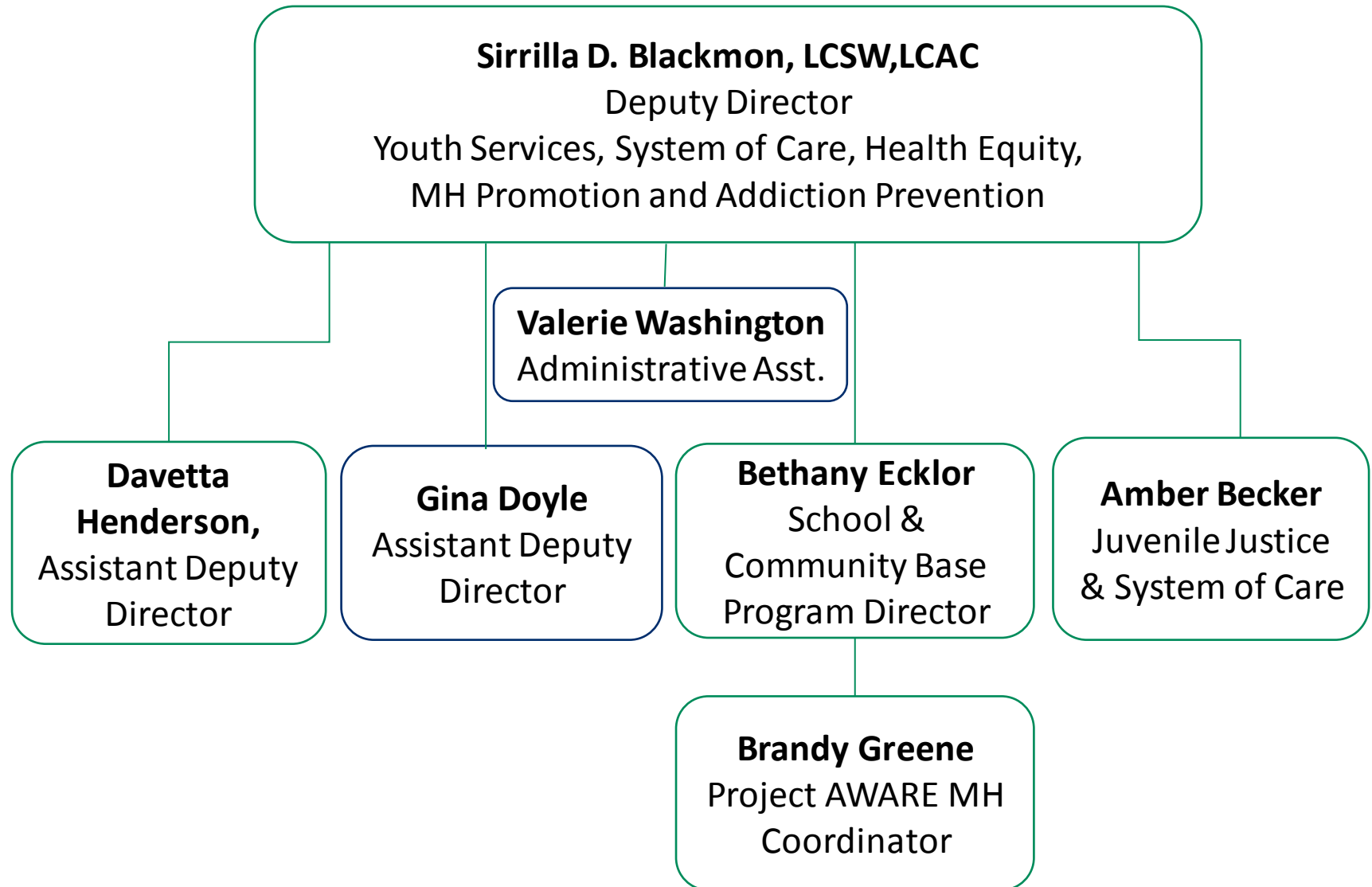
Youth & Addiction Prevention Services

Sirrilla D. Blackmon LCSW,LCAC

Deputy Director

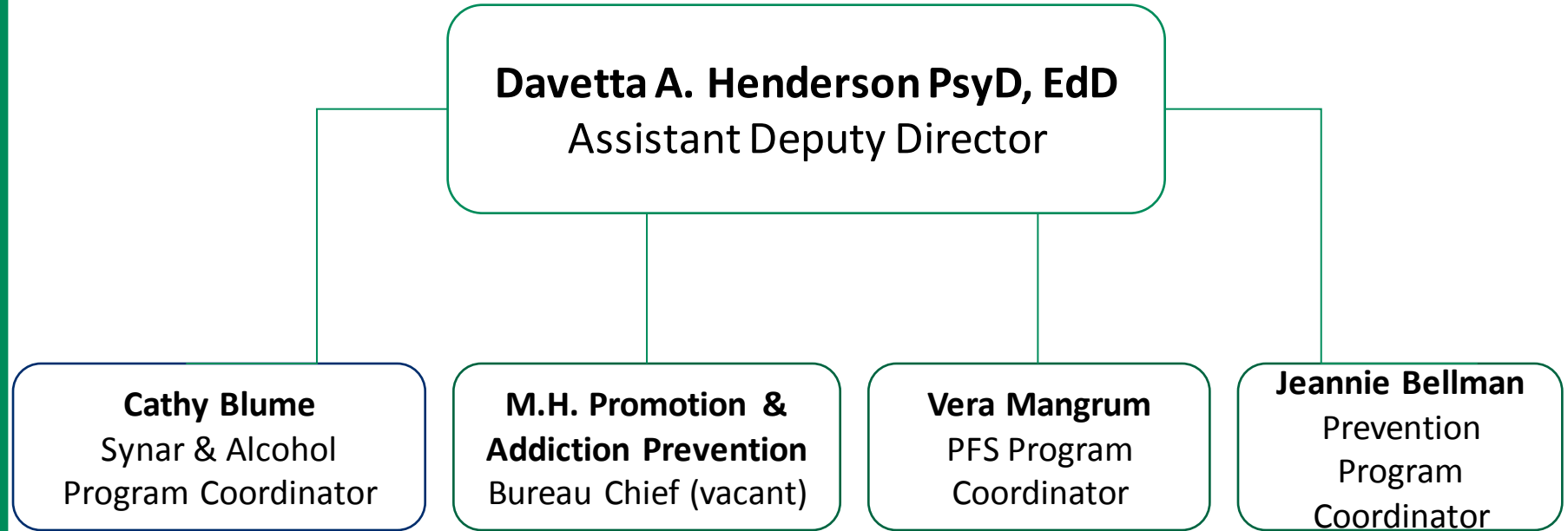


Organization Chart



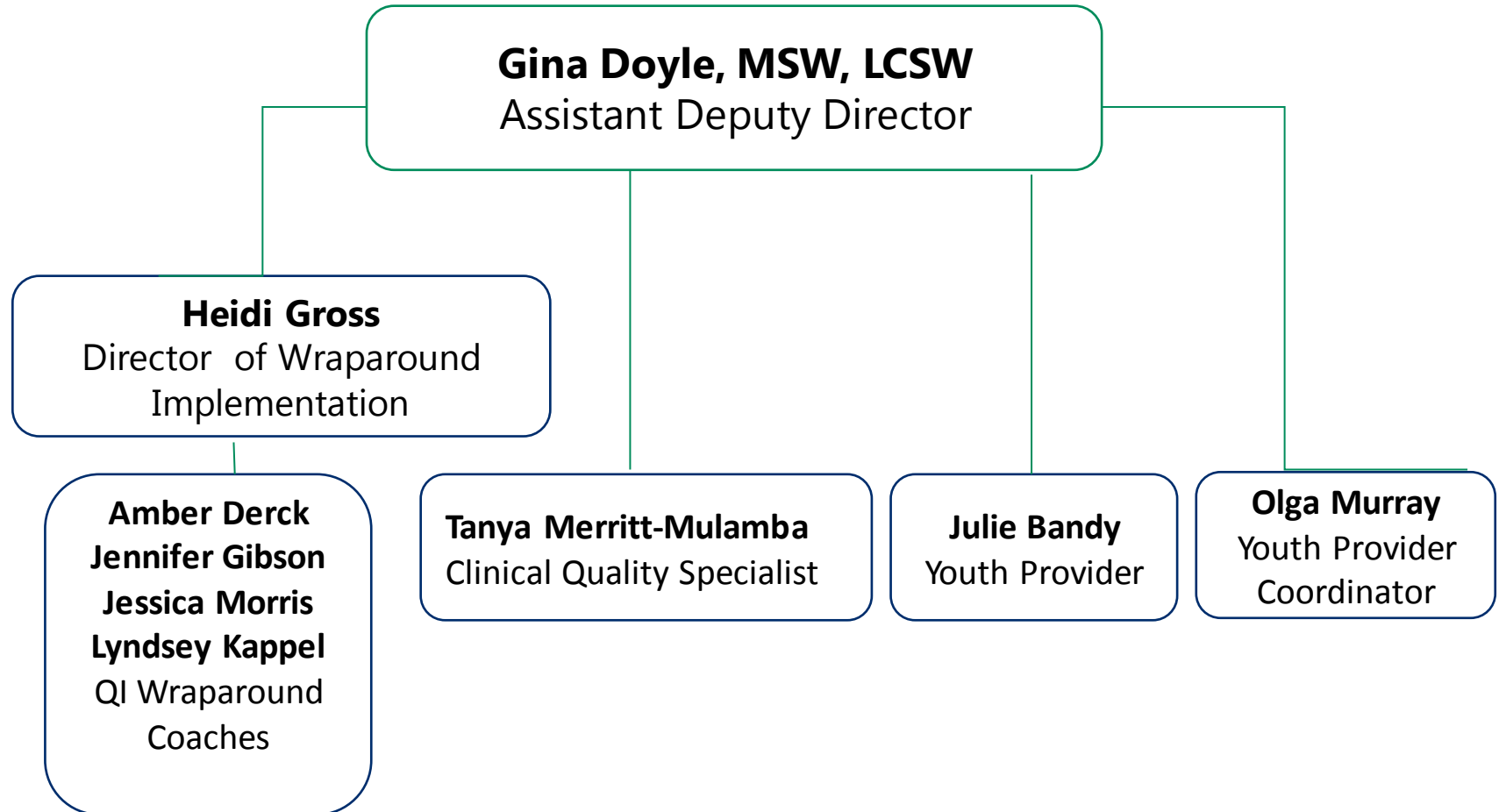


Mental Health Promotion & Addiction Prevention





Child Mental Health Wraparound 1915i





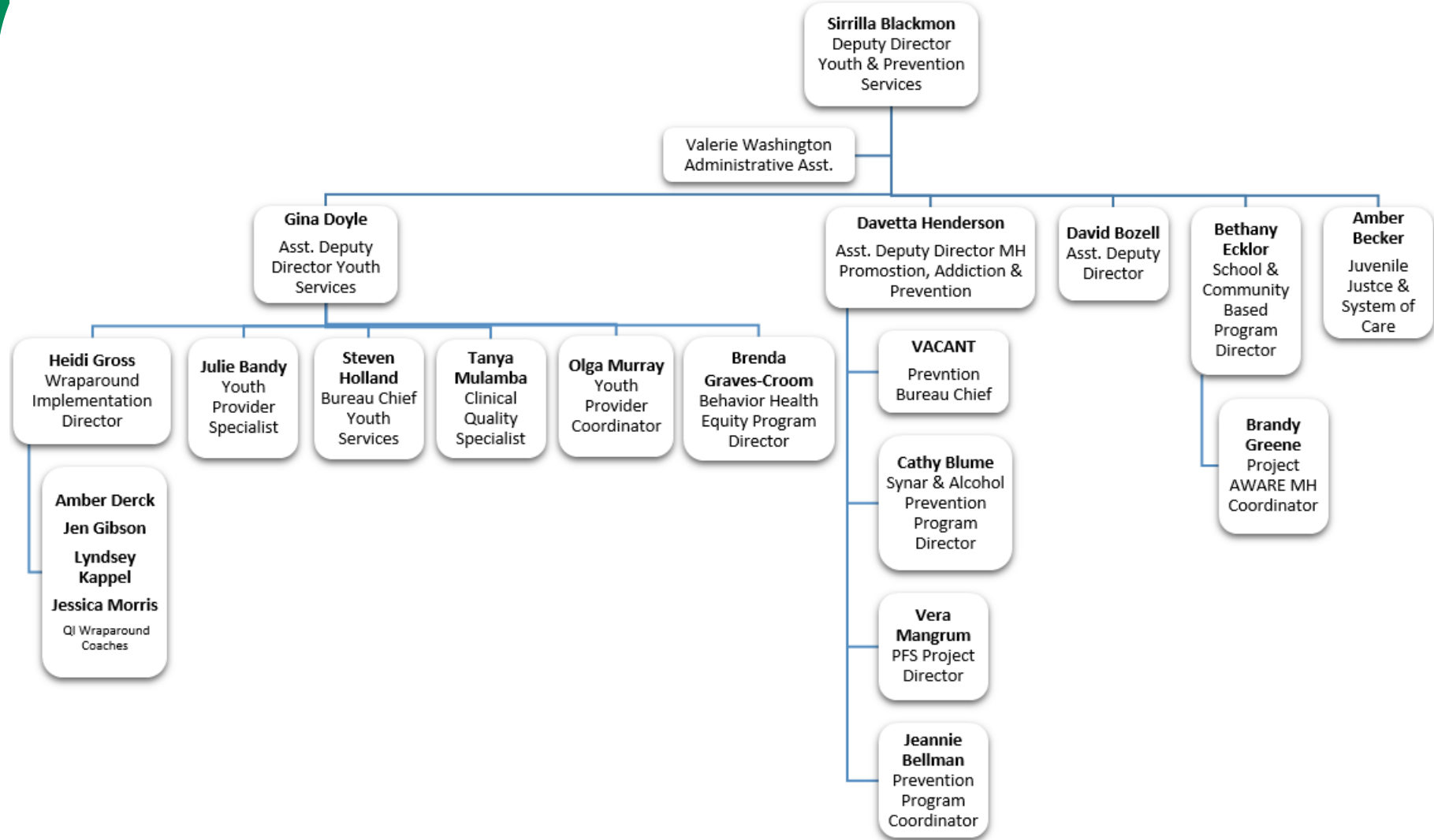
Youth Services, System of Care & Behavioral Health Equity

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Assistant Deputy Director

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Bureau Chief

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Behavioral Health Equity
Program Director







MH Priorities & Funding SFY 20

Mental Health Block Grant

- Youth of Transition Age
- Parent Café's
- IU Riley Dual Diagnosis Clinic –*Mental Health Substance Abuse*

Child Psychiatric Services Fund

- Local Systems of Care (17)
- School Based Programs
- CMHW program
- Medicaid Match- PRTF
- Youth Services operations

A photograph of a green sign with the word 'Finance' written in white, slanted text. The sign is mounted on a metal post against a blue sky with light clouds.

Finance



Mental Health Promotion & Addiction Prevention Program Overview

- Synar Program
- Indiana College Reduction of Underage Drinking (ICRUD)
- Project LEAD (Leading and Educating Across Domains)
- Innovative Programs
- SAMSHA Partnership For Success Grant
- Quit for Baby
- Substance Abuse Prevention Block Grant County Programs
- State Epidemiology Outcome Workgroup
- Evidence Base Practice Group
- Indiana Youth Survey





Synar Program

In July 1992, Congress enacted the Alcohol, Drug Abuse, and Mental Health Administration Reorganization Act (PL 102-321), which includes an amendment (section 1926) aimed at decreasing youth access to tobacco. This amendment, named for its sponsor, Congressman Mike Synar of Oklahoma, requires states (that is, all states, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, and six Pacific jurisdictions) to enact and enforce laws prohibiting the sale or distribution of tobacco products to individuals under the age of 18.

States must comply with the Synar Amendment in order to receive their full Substance Abuse Prevention and Treatment Block Grant (SABG) awards. The penalty for non compliance is 40% of the total SABG.





Project Elder L.E.A.D. Leading Educating Across Domains

In 2013 Praxis Strategies and Solutions conducted a needs assessment on behalf of the Geminus Corporation to determine areas of need for substance abuse and mental health programming specific to Indiana seniors. The assessment consisted of an environmental scan of Indiana's senior population, an inventory of senior service agencies and a senior survey focusing on illegal substance use, and the abuse or misuse of alcohol and medications. Summarily, senior males are at greater risk than senior females for alcohol and medication, both prescription and over-the-counter, abuse and misuse.

The Northeast and Southern regions had very strong protective factors and relatively healthy perceptions, although mental health issues seep through in Southern Indiana, especially in terms of feelings of self-worth. Northwest and Central Indiana were the two regions where risk factors, perceptions and behaviors were most evident.





Project Youth L.E.A.D.

Youth L.E.A.D. (Leading and Educating Across Domains) is a statewide evidence-inspired prevention program that promotes youth leadership. Built on youth-empowerment, Youth LEAD is modeled on SAMHSAs Strategic Prevention Framework with an innovative approach of integrating youth-driven environmental strategies to reduce and prevention Alcohol, Tobacco, and Other Drug (ATOD) through a peer-to-peer message.





Strategic Prevention Framework Partnerships For Success

The purpose of this grant program is to address two of the nation's top substance abuse prevention priorities:

- 1) underage drinking among persons aged 12 to 20; and
- 2) prescription drug misuse among persons aged 12 to 25.

The SPF-PFS grant program is intended to prevent the onset and reduce the progression of substance misuse and its related problems while strengthening prevention capacity and infrastructure at the state and community levels.





State Epidemiology Outcome Workgroup SEOW

The SEOW's primary responsibilities include the ongoing and statewide monitoring of substance abuse and mental health trends; identifying statewide prevention priorities; and disseminating research findings to policy-makers, state agencies, community organizations, and the general public.





Indiana Youth Survey - IYS

IYS- is a biennial survey of students in grades 6-12. The INYS assesses students' substance use, mental health, gambling, and risk and protective factors that can impact student success.





Youth Services Initiatives Program Overview

- State Plan 1915i Child Mental Health Wraparound (CMHW)
- System of Care
- System of Care Juvenile Justice
- Behavioral Health and Equity
- School and Community Based Program-HB 1001
- Youth of Transition Age
- Children Mental Health Awareness





System of Care Juvenile Justice

- 1) Address mental health in cross system issues;
- 2) Bridge relationships with local Systems of Care and JDAI sites
- 3) Partner with DOC and Community Corrections
- 4) Partner with the Alternative to Detention with DOC

DMHA was awarded a three year grant through the Office of Juvenile Justice Delinquency Program- Mentoring Youth at High Risk for Opioid Use.

Goal: 1) The project's goal is to expand training within three Big Brothers Big Sisters affiliates in Indiana. The objective is to match more children adult mentors who are trained on ACEs, SUDs and opioid addiction and who can provide appropriate trauma-informed responses.





Key Initiatives/Partnerships

- Commission on Improving the Status of Children
- State Child Interagency Collaborative Meeting
- Indiana System of Care
- State partner Juvenile Detention Alternative Initiative (JDAI)
- Member of Early Childhood Learning Collaborative
- Member of the Perinatal Collaborative (NAS)
- Indiana State Department of Health
- Indiana Department of Education





State Child Interagency Collaborative Meeting

This meeting was initiated in January 2018 by DMHA with the goal of working collaboratively with decision makers across child systems to implement policy change. The group also aims to align efforts with the CISC strategic plan.

The meetings are held monthly and have consistent representations from all the child serving systems, with the addition of the following: court services, JDAI and OMPP.

The goal for 2019 is to examine Continuity of Care across all child systems. This will be done through mapping existing systems identifying the barriers, gaps and overlaps.

FOCUS
ON THE
FUTURE



Youth Services Initiatives/ Program Overview

- State Plan 1915i Child Mental Health Wraparound (CMHW)
- System of Care
- System of Care Juvenile Justice
- Behavioral Health and Equity
- School Base Program-HB 1004
- Youth of Transition Age
- Children Mental Health Awareness





Key initiatives/Partnerships and Grants

- State Child Interagency Collaborative Meeting
- Mental Health and Substance Abuse Task Force
- State partner Juvenile Detention Alternative Initiative (JDAI)
- Member of Early Childhood Learning Collaborative
- Member of the Perinatal Collaborative (NAS)
- Partner with Indiana Criminal Justice Institute (ICJI)
- Partner with Department of Youth Services (DOC)





Grants/Partnerships

- SAMHSA Project AWARE-(*Advancing Wellness & Resilience in Education*) (Partnership with DOE)
- OJJDP- Mentoring Youth at High Risk for Opioid Use
- BJA- STOP School Violence Prevention and Mental Health Training Program Grant –(Partnership with ISDH and DOE)

**In March, DMHA applied for the Garrett Lee Smith Youth Suicide Early Intervention Grant*





Youth Services Overview

- Infant & Toddler Mental Health
- Transition Age Youth (TAY)
- Parent Cafes
- Alternative Peer Group (APG) at Hope Academy
- Children's Mental Health Awareness
- INSOC YFSC TA Project
- Ending The Silence (ETS)
- Youth Mental Health 1st Aid
- IU Dual Diagnosis
- Project Extension for Community Healthcare Outcomes (ECHO)
- Indiana Behavioral Health Access Program for Youth (BeHAPY)





INSOC and Local SOC

Indiana System of Care (INSOC)

- State advisory board

SOC SAMHSA Grant

- Ended 9/30/18
- CLC Coordinator role broadened to Health Equity
- Rebranding <https://youtu.be/oHE46DCq-nw>.
 - *Communities coming together to support the mental wellness of young people in the interest of building resilience and hope for families*

Local Systems of Care (SOCs)

- 17 Sites currently funded by DMHA
- DMHA support of Local SOCs since 2000





Local Systems of Care



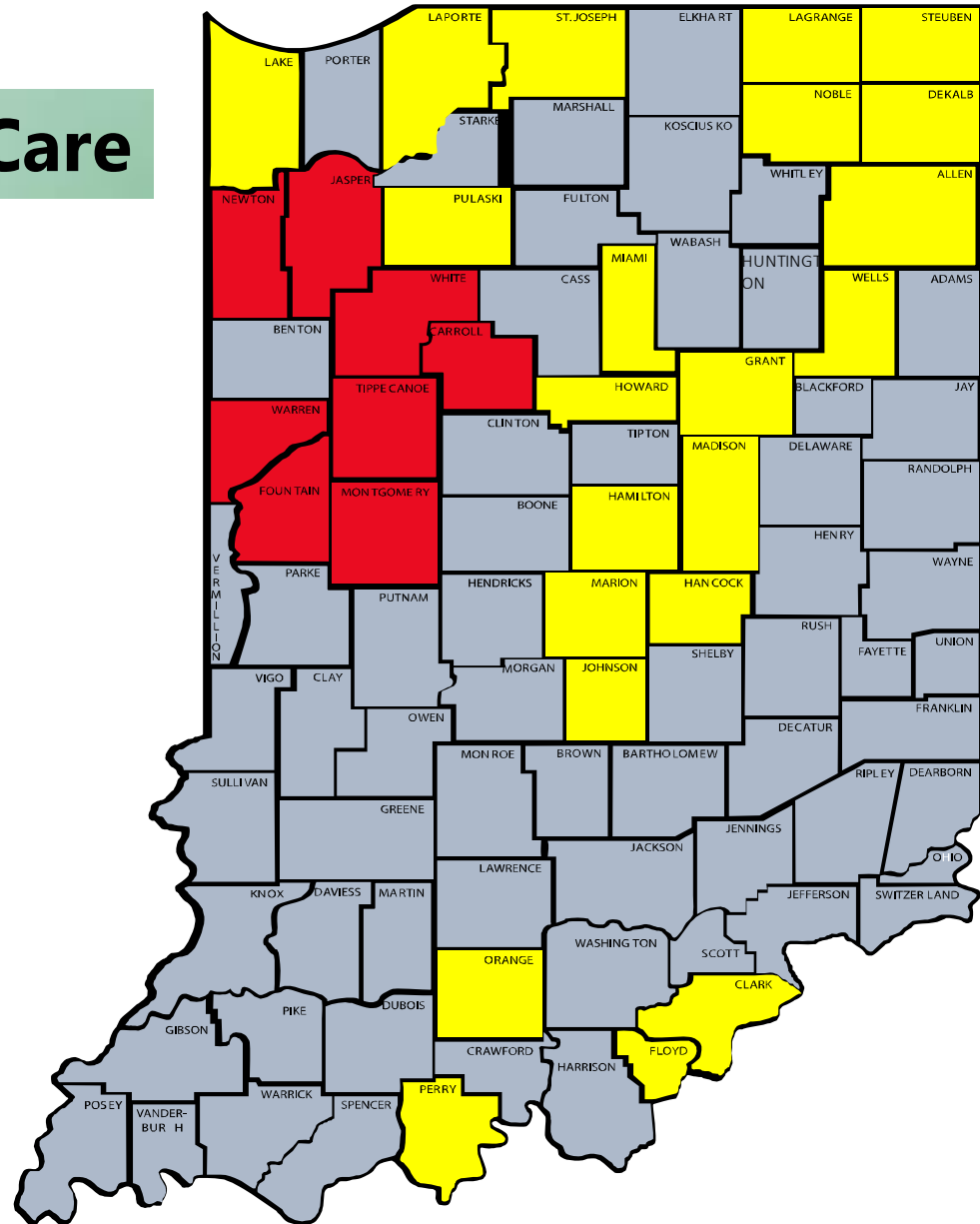
DMHA
Funded



Community
Supported



No Identified
SOC





Access Sites

Entity that serves as the single point of entry for High Fidelity Wraparound (HFW) – required to meet CMS mandates

- 26 Agencies, available to families in all 92 counties
- Access Site focus groups
 - Stakeholders invited to discuss what is and is not working
 - **Good news** - Other system partners, particularly schools, are learning more about HFW and starting to refer more families
 - **Barriers & Hurdles** – Messaging about HFW is sometimes unclear. Families can feel pressure to participate or think the program will “fix” all their issues. HFW is not always presented as part of the continuum of care which limits access
- Final Wrap-Up meeting
 - Indiana Government Center, May 22nd 10-12 noon
 - <https://www.surveymonkey.com/r/6H3B8CH>
 - Please submit any comments, questions or concerns regarding Access sites to Tanya.merritt-Mulamaba@fssa.in.gov by Friday, May 17, 2019.





Child Psychiatric Services Fund

- School-Based EBP Grants
- \$3.5 million dedicated
- *DMHA has provided grants for the implementation of evidence-based program models that partner with elementary, middle and high schools to provide social services to children, parents, caregivers, teachers, and the community. The purpose of the program is to prevent substance misuse, promote healthy behaviors, and maximize student success. The programs and services address substance abuse counseling and prevention, assistance for children who are at risk of dropping out of school, grief counseling, suicide prevention, parenting skills and family communication education, and social skills education and development.*



Grants



SFY 2019

- 14 Grantees
- 26 Counties
- 171 Schools
- Over 32,000 students served
- Over 3,500 School Staff trained
- At least 3,500 parents engaged

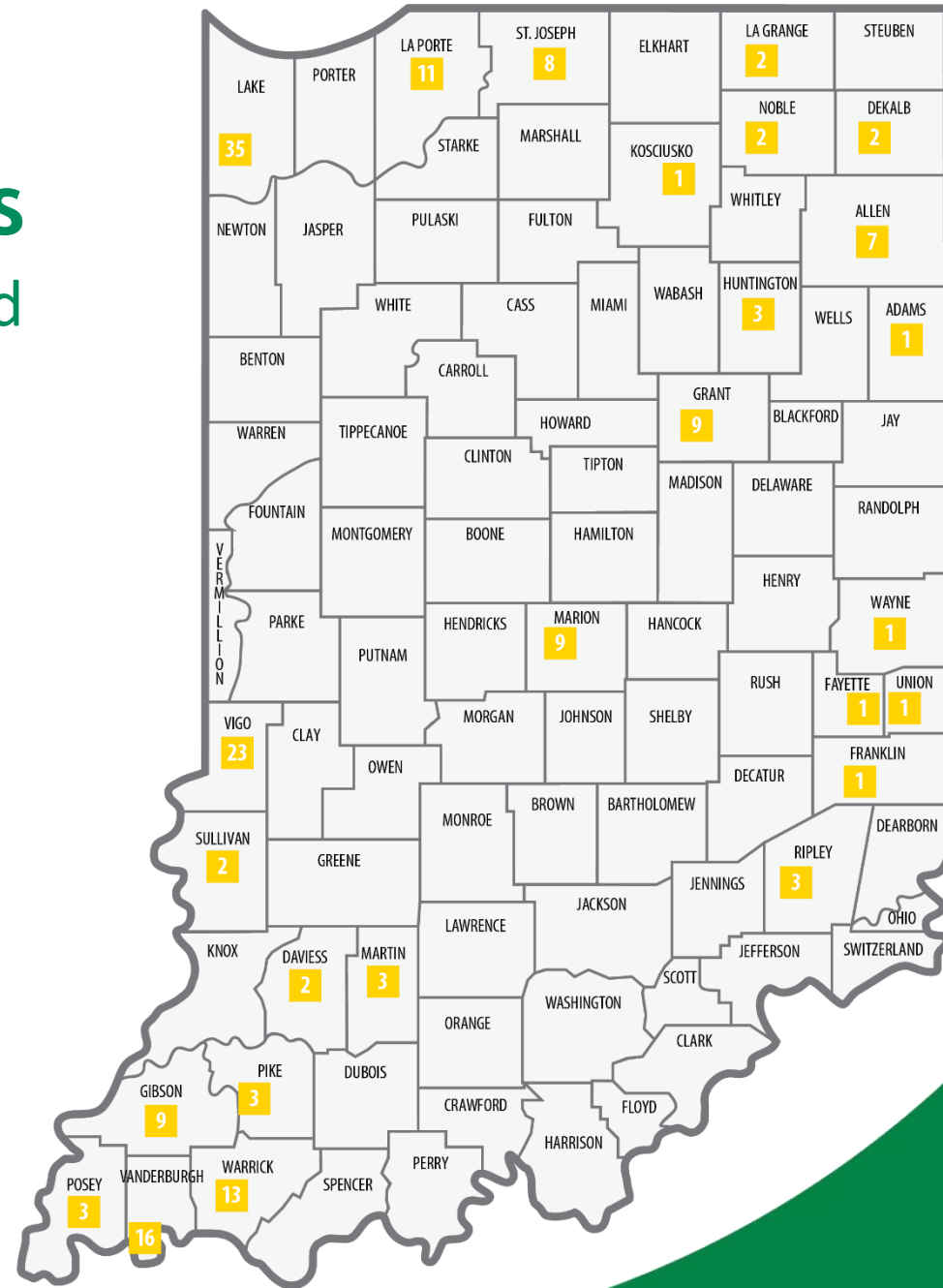
• *As of 12/31/2018

- ▶ Botvin LifeSkills
- ▶ Coping and Support Training (CAST)
- ▶ Ripple Effects
- ▶ Signs of Suicide (SOS)
- ▶ Youth Mental Health First Aid
- ▶ Move2STAND
- ▶ WhyTry
- ▶ Strengthening Families
- ▶ Reconnecting Youth
- ▶ Family Connections
- ▶ Al's Pals
- ▶ Too Good For Drugs
- ▶ Sources of Strength
- ▶ Project Northland/Class Action
- ▶ Peers Making Peace
- ▶ City Connects

DMHA School-Based Behavioral Health Programs

Youth and Prevention Team School-Based Mental Health and Prevention

■ Child Psychiatric Services Fund





Grantee Evaluation

- New Initiative to evaluate all of these programs across the state
- Indiana Youth Institute developing tools for grantees
 - Evaluation Kick-off “focus group” – January 2019
 - Regional workgroups providing feedback on draft tools
 - Brought together grantee program directors and independent evaluators
 - Biggest take-away from grantees was that building **RELATIONSHIPS** with school administrators and staff is a key to the success of the programs.



Prevention Team School EBP Grants

Partnerships for Success (PFS)

- Estimated Reach – 41,844 students
 - LifeSkills
 - Be The Majority
 - Social Norming Education
 - Alcohol Vendor Compliance
 - Prescription Take Back
 - WYSE
 - Too Good For Drugs
 - Project TND
 - Real Media
 - eCheckup To Go
 - All Stars
 - Strengthening Families

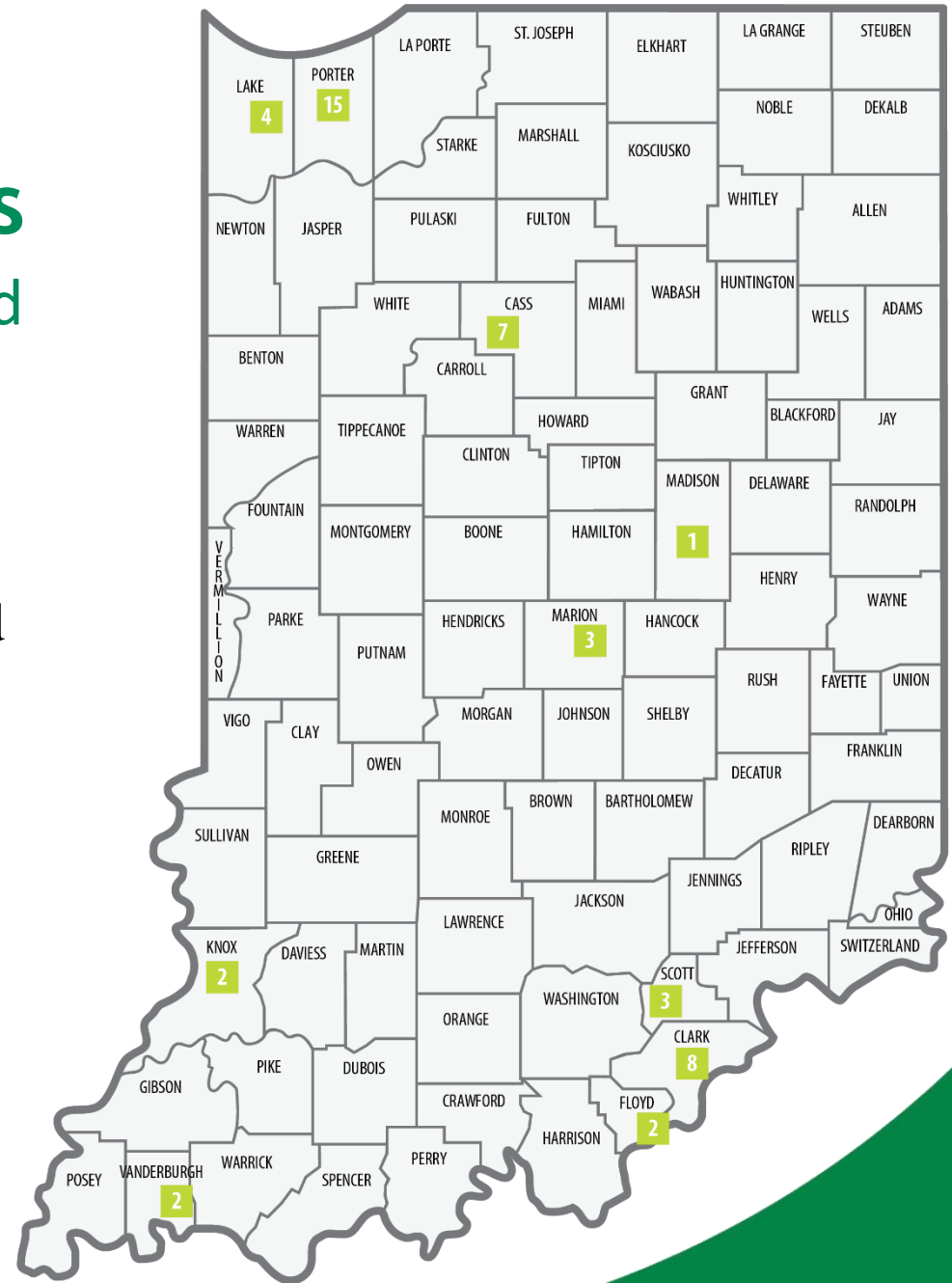
Block Grant (SAP)

- Estimated Reach – 17,298 students
 - Strengthening Families
 - Too Good For Drugs
 - Project Alert
 - LifeSkills
 - CBSG Positive Action
 - eCheckup To Go
 - Positive Norms Campaign
 - Positive Culture Framework
 - Footprints for Life
 - After School Rocks
 - Al's Pals
 - Reconnecting Youth
 - The Truth Is

DMHA School-Based Behavioral Health Programs

Youth and Prevention Team School-Based Mental Health and Prevention

■ Partnership for Success Grant—School-Based



DMHA School-Based Behavioral Health Programs

Youth and Prevention Team School-Based Mental Health and Prevention

■ Substance Abuse Prevention Block Grant





Collaborations with IDOE

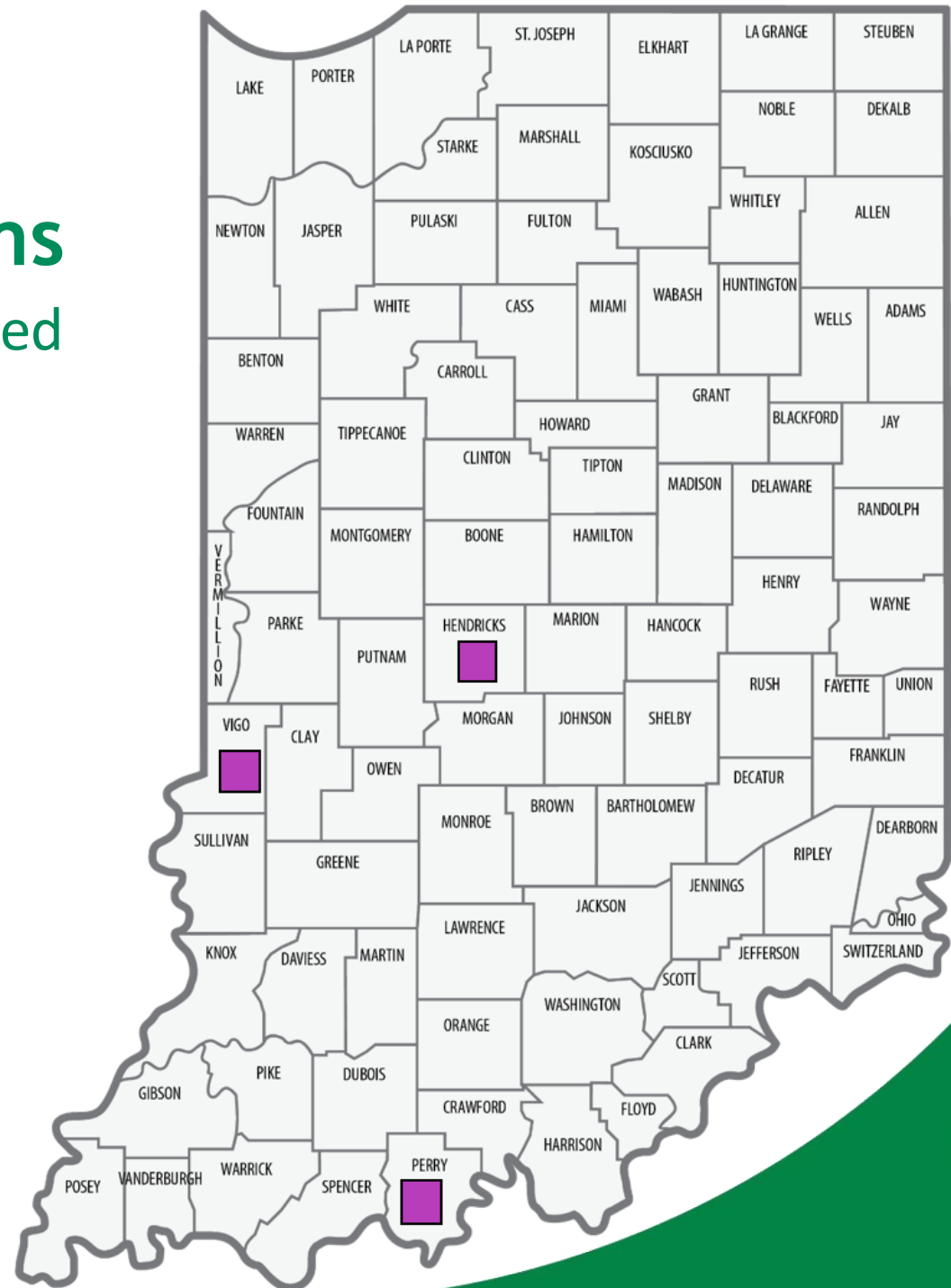
- Project AWARE (Advancing Wellness and Resilience Education)
 - Partnership between IDOE and DMHA for increasing awareness of and provision of mental health services in schools
 - School/Mental Health Infrastructure; SHAPE Assessment and MTSS Teams
 - Mental Health First Aid and other Professional Developments
 - Universal screenings and evidence-based interventions
 - Increase access to school- and community-based mental health services
- STOP (Students, Teachers and Officers Preventing) School Violence
 - School Violence Prevention and Mental Health Training
 - Partnership between ISDH, IDOE and DMHA
 - Increasing awareness of and support for mental health in schools

DMHA School-Based Behavioral Health Programs

Youth and Prevention Team School-Based Mental Health and Prevention

■ Project AWARE local partner sites

- Vigo County School Corporation
- Avon Community School Corporation
- Perry Central Community Schools





CMHC School-Based Services Assessment

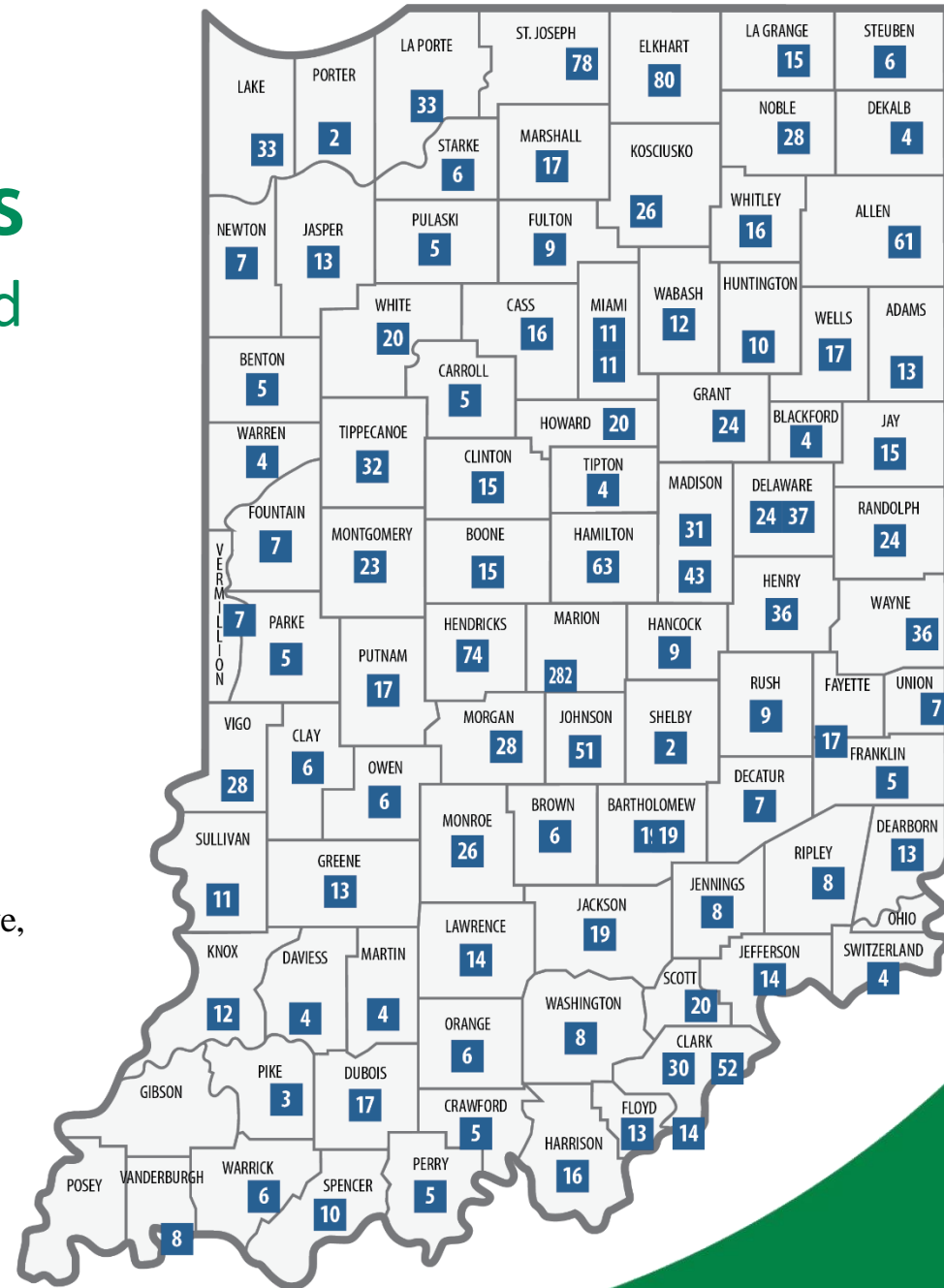
- Assessment of current CMHC School-Based Services
 - Conducted in Fall of 2018
 - Basic information about mental health services provided in schools
 - Agency
 - County
 - School District/Corporation
 - School Name
 - Number of Masters and Bachelors Level Providers and Frequency
 - Service Provided and Funding Source
 - Complement to DOE student services needs assessment survey
 - <https://www.ckfindiana.org/about/isfn/annual-conference/student-services-needs-assessment-report-dec-21.aspx>

DMHA School-Based Behavioral Health Programs

Youth and Prevention Team School-Based Mental Health and Prevention

■ Certified Community Mental Health Center: School-Based Services

Mental health services in schools reported by CMHCs include alternative, charter, pre-K, public, non-public and private schools.



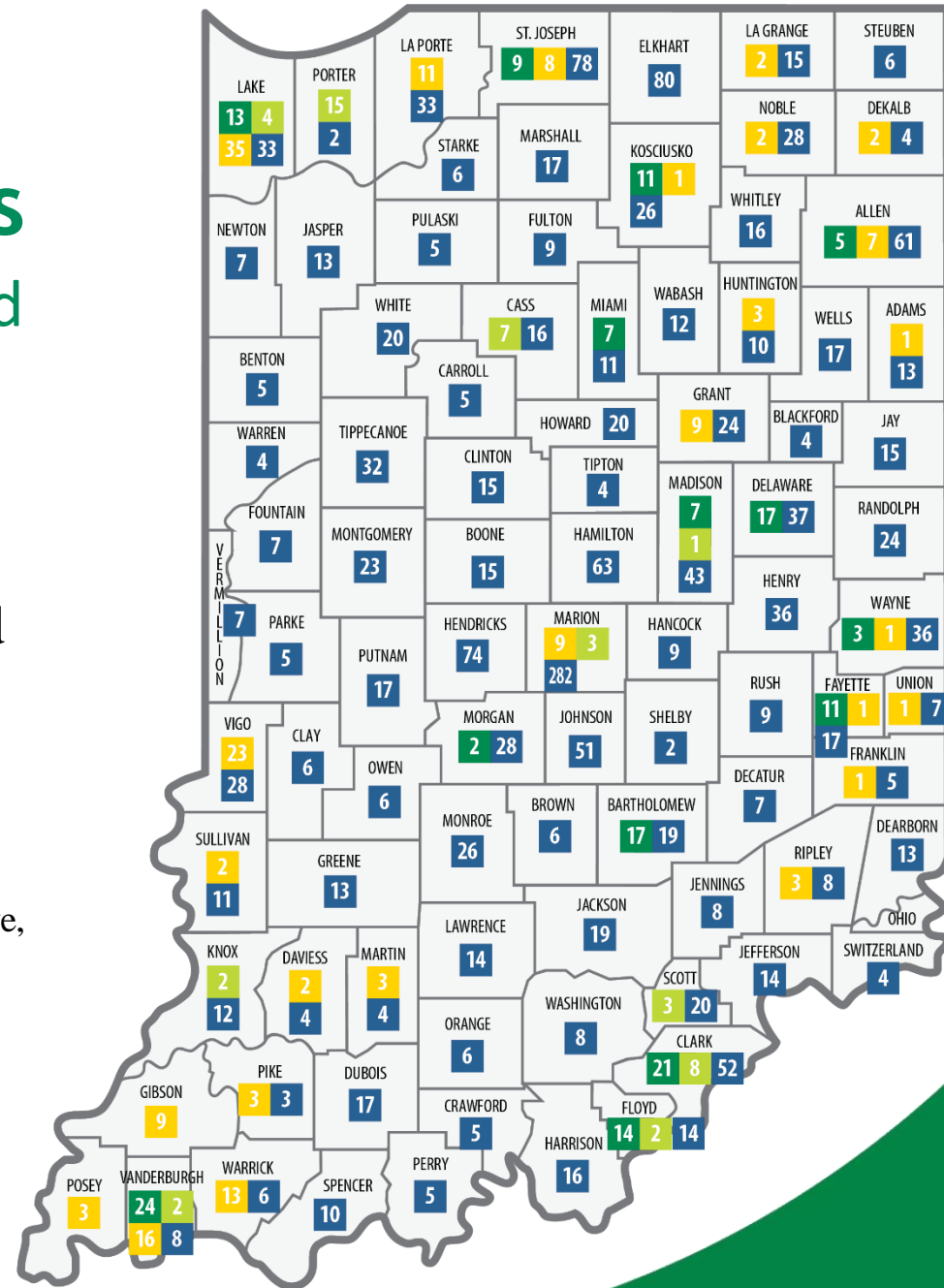
DMHA School-Based Behavioral Health Programs

Youth and Prevention Team School-Based Mental Health and Prevention

- Substance Abuse Prevention Block Grant
- Partnership for Success Grant—School-Based
- Child Psychiatric Services Fund
- Certified Community Mental Health Center: School-Based Services

Mental health services in schools reported by CMHCs include alternative, charter, pre-K, public, non-public and private schools.

15 Number indicates the number of schools in the county with services





Youth & Prevention Team Contacts

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